

Negative Pressure Wound Therapy (Vacuum-Assisted Wound Closure)

ACG: A-0346 (AC)

[Link to Codes](#)

MCG Health
Ambulatory Care
30th Edition

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Clinical Indications

- Negative pressure wound therapy (vacuum-assisted wound closure) may be indicated for **1 or more** of the following(1)(2)(3):
 - Initiation of therapy, as indicated by **ALL** of the following:
 - Wound,[A][B] as indicated by **1 or more** of the following:
 - Diabetic ulcer or wound, as indicated by **1 or more** of the following(52)(53)(54)(55)(56):[N](#)
 - Complex diabetic ulcer or wound (eg, Wagner or University of Texas classification grade 2 wound)[C](21)
 - Postamputation diabetic wound
 - Superficial ulcer or wound (eg, Wagner or University of Texas classification grade 1 diabetic wound)[C] that has not responded to 4 weeks of conventional treatment(62)
 - Following skin graft or dermal substitute for acute or chronic wound(8)(63)[N](#)

- Open fracture^N
- Sternal infection(69)(70)^N
- Conventional wound management ongoing (eg, debridement as indicated)(75)
- No active bleeding or exposed vasculature in wound(50)
- No eschar or necrotic tissue(5)(52)
- No exposed cortical bone, nerves, or organs(50)(76)
- No uncontrolled soft tissue infection or osteomyelitis(5)(50)
- Provider documents desired goal of therapy prior to initiation (eg, wound healing or closure, management of infection, avoidance of further surgery).(1)
- Continuation of therapy, as indicated by **ALL** of the following:
 - Provider has documented improvement in wound (eg, change in width, depth, length of wound; presence of granulation tissue).
 - Provider has re-evaluated wound within prior 4 weeks.

Alternatives

- Alternatives include:
 - For arterial ulcers: revascularization procedures(77)(78)
 - For diabetic ulcers: topical wound treatment (eg, alginate dressings, foam dressings), hyperbaric oxygen therapy, pressure-relieving and offloading devices, or tissue-engineered skin substitutes. See Hyperbaric Oxygen ^{AC}, Pressure-Relieving and Offloading Devices (Total Contact Cast and Removable Cast Walker) ^{AC}, and Skin Substitute, Tissue-Engineered (Human Cellular), for Diabetic Foot Ulcer and Venous Ulcer ^{AC} for further information.(61)(79)
 - For wounds on weight-bearing surface: pressure-relieving and offloading devices. See Pressure-Relieving and Offloading Devices (Total Contact Cast and Removable Cast Walker) ^{AC} for further information.(80)(81)(82)(83)(84)
 - For wounds with active infection: treatment directed at decreasing signs and symptoms of infection(81)(85)(86)(87)
 - For wounds with eschar or other necrotic tissue: surgical, autolytic, biological, or enzymatic debridement(88)(89)
 - Self-care and education
 - Standard wound care with dressings that maintain a moist wound bed(1)(79)(82)(90)

Evidence Summary

Background

Negative pressure wound therapy (vacuum-assisted wound closure) uses a specialized dressing and vacuum drainage to remove blood or serous fluid from a wound or operation site while maintaining a moist wound environment.(3)(4)(5) **(EG 2)** A piece of foam with an open-cell structure is introduced into the wound, and a wound drain with lateral perforations is placed on top of it. To create a vacuum seal, the entire area is covered with a transparent adhesive membrane that is firmly secured to the healthy skin around the wound margin.(6)(7)(8)(9) **(EG 2)** When the exposed end of the drain tube is connected to a vacuum source, fluid is drawn from the wound through the foam into a reservoir, for subsequent disposal.(4)(6)(10) **(EG 2)** Cycles of automated instillation of topical wound solution (eg, saline or topical antiseptic solution), which remains in contact with the wound for a period of time followed by removal using negative pressure, is known as negative pressure wound therapy with instillation and dwell time; its rationale is to facilitate the cleansing of bacterial and particulate matter from the wound.(9)(11) **(EG 2)** Negative pressure wound therapy may be delivered using mechanically powered or electrically powered devices.(12) **(EG 2)**

Criteria

The evidence for the clinical indications found in this guideline includes 64 published peer reviewed articles, 3 specialty society or other evidence-based guidelines, and 7 Cochrane systematic reviews.

For diabetic ulcers or wounds, evidence demonstrates at least moderate certainty of at least moderate net benefit. **(RG A1)** A meta-analysis of 3 studies (90 patients with diabetic foot ulcers) found that negative pressure wound therapy was associated with a decrease in wound surface area as compared with conventional wet gauze application.(57) **(EG 1)** A systematic review of 7 studies (489 patients) evaluating the efficacy of negative pressure wound therapy for diabetic foot ulcers found that use of negative pressure wound therapy was associated with a reduction in amputations, a reduction in wound area and depth, and a greater rate of granulation tissue formation. However, the authors noted that many of the studies included were limited by small sample sizes and methodological flaws, including a lack of validated tools to measure wound area and depth and the different types of pressures used for the negative pressure wound therapy devices.(58) **(EG 1)** A systematic review of 11 randomized controlled trials (972 patients) evaluating negative pressure wound therapy for foot wounds in people with diabetes found that negative pressure wound therapy may increase the proportion of wounds healed and reduce the time to healing for postoperative foot wounds and ulcers as compared with wound dressings. The authors note that the review is based on low-certainty evidence from studies with potential bias and heterogeneous sample sizes.(59) **(EG 1)** A health technology assessment concluded that diabetic foot wounds treated with negative pressure wound therapy may be more likely to heal and also may heal more rapidly, as compared with those treated with advanced moist wound therapy.(1) **(EG 1)** An international expert panel recommends negative pressure wound therapy for wounds associated with diabetic lower limb disease to prevent amputation or reamputation.(52) **(EG 2)** A clinical practice guideline endorsed by multiple specialty societies recommends negative pressure wound therapy for treatment of diabetic foot ulcers that fail to demonstrate greater than 50% wound area reduction after 4 weeks of standard wound therapy; it can also be considered for chronic diabetic foot wounds that do not improve after 4 to 8 weeks of treatment with dressings.(60) **(EG 2)** A specialty society guideline recommends negative pressure wound therapy to increase the proportion and rate of healing of diabetic lower extremity wounds.(55) **(EG 2)**

For use following skin grafts or dermal substitutes for an acute or chronic wound, evidence demonstrates a net benefit, but of less than moderate certainty, and may consist of a consensus opinion of experts, case studies, and common standard care. **(RG A2)** A systematic review and meta-analysis of 12 studies (7 randomized controlled trials, 653 patients) comparing negative pressure wound therapy with conventional therapy after split-thickness skin graft found that negative pressure wound therapy significantly increased the rate of graft take and reduced the reoperation rate. The authors identified the paucity of high-quality randomized trials as a limitation of the study.(64) **(EG 1)** A prospective cohort study of 47 patients with skin defects evaluated the effectiveness of the addition of negative pressure wound dressing over simultaneous allografting and skin grafting. The authors concluded that graft take was significantly higher and the mean time to healing shorter in the negative pressure wound therapy group as compared with the control group.(65) **(EG 2)** A prospective randomized controlled trial that studied 40 split-skin grafts on 30 burn patients found that negative pressure dressing significantly improved graft take as compared with a conventional dressing of Vaseline gauze and cotton pads.(8) **(EG 1)** Based on a systematic review, an international expert panel recommends the use of negative pressure wound therapy to improve graft success or in wounds at high risk for graft loss (eg, arterial insufficiency).(66) **(EG 1)**

For open fractures, evidence demonstrates a net benefit, but of less than moderate certainty, and may consist of a consensus opinion of experts, case studies, and common standard care. **(RG A2)** A meta-analysis of 4 randomized controlled trials of 367 patients with open wounds after fracture repair found that vacuum-assisted wound closure reduced infection rates by 53% as compared with nonvacuum closure.(67) **(EG 1)** A meta-analysis comparing negative pressure wound therapy with standard treatment for open fracture wounds identified 4 randomized controlled trials with a total of 596 patients. No difference was observed in risk of wound infection in patients treated with negative pressure wound therapy vs standard treatment; one randomized controlled trial (460 patients) also evaluated complete wound healing at 6 weeks' follow-up and found no difference between treatment arms.(68) **(EG 1)** Based on a systematic review, an international expert panel recommends the use of negative pressure wound therapy as a bridge to definitive closure when primary closure is not possible after or between debridements.(66) **(EG 1)**

For sternal infection, evidence demonstrates at least moderate certainty of at least moderate net benefit. **(RG A1)** A systematic review of 12 cohort studies (873 patients) found that vacuum-assisted closure therapy, as compared with conventional therapy, was associated with significantly reduced hospital length of stay and increased wound closure, but no difference in mortality, as compared with standard care.(69) **(EG 2)** A retrospective review of 157 patients with poststernotomy mediastinitis found that negative pressure wound therapy, as compared with conventional therapy, was associated with a significantly lower reinfection rate, a significantly lower hospital length of stay, and a nonsignificantly lower early mortality rate.(71) **(EG 2)** A retrospective analysis of 113 patients with poststernotomy mediastinitis found that vacuum-assisted closure, when compared with open packing, was associated with both significantly lower in-hospital mortality and significantly lower intensive care unit stay.(72) **(EG 2)** A systematic review and meta-analysis of 36 retrospective studies (3681 patients with deep sternal wound infections) found that negative pressure wound therapy was associated with reduced mortality and fewer reinfections as compared with conventional wound

management following cardiothoracic surgery.(73) **(EG 1)** A review article describes the use of vacuum-assisted closure after wound exploration for deep sternal wound infection; the duration of therapy is not well defined, but there are some recommendations for short-term (less than 3 weeks) use of vacuum-assisted closure followed by sternal closure.(74) **(EG 2)**

Inconclusive or Non-Supportive Evidence

For abdominal wounds (superficial wound without organ space involvement), evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended. **(RG B)** A literature review of negative pressure wound therapy for treatment of infected laparotomy wounds found 4 low-quality studies that demonstrated faster wound healing, decreased hospital length of stay, and fewer dressing changes; however, the authors concluded that higher-quality studies are needed before definitive recommendations can be made.(13) **(EG 2)** A single-blind randomized controlled trial of 507 adults with spontaneous wound dehiscence after abdominal surgery or open postoperative abdominal wounds that could not be closed by primary intention evaluated negative pressure wound therapy compared with conventional wound treatment and found that the mean times to wound closure were 36.1 days and 39.1 days in the negative pressure wound therapy and conventional wound treatment groups, respectively; however, the risk for wound-related adverse events was higher in the negative pressure wound therapy group. The authors noted that the single-blind study design as well as the short treatment and observation times may have limited the results of the study.(14) **(EG 1)** A retrospective study of 130 patients with infected laparotomy incisions reported shorter times to complete healing, shorter hospital stays, and lower reinfection rates in wounds treated with vacuum-assisted closure as compared with conventional management (saline dressings and secondary suturing). The study authors concluded that, while these findings appear to be promising, additional studies (including randomized controlled trials) are needed to define the role of negative pressure wound therapy in the management of postoperative wounds.(15) **(EG 2)** Other studies of negative pressure wound therapy for superficial abdominal wounds are retrospective in nature, include small numbers of patients, or are confounded by variables such as the surgical approach (eg, open vs laparoscopic), which limit their generalizability.(16)(17)(18)(19) **(EG 2)**

For lower extremity infected bypass grafts, evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended. **(RG B)** Experience with negative pressure wound therapy for infected bypass grafts of the lower extremities is limited. A retrospective study of 37 patients with 45 infected bypass grafts, including 28 synthetic grafts, reported a graft preservation rate of 76%, a major amputation rate of 33%, and a mortality rate of 55% after a median follow-up of 15 months; some patients also underwent adjunctive sartorius muscle flap transposition procedures. The study authors indicated that consideration may be given to conducting a prospective multicenter study comparing vacuum-assisted wound closure with radical surgery.(20) **(EG 2)**

For necrotizing fasciitis, evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended. **(RG B)** A health technology assessment and a systematic review concluded that there is insufficient evidence to support negative pressure wound therapy for this indication and that more research is needed.(1)(21) **(EG 1)** A retrospective cohort study of 92 patients with localized or disseminated Fournier gangrene who received either vacuum-assisted closure therapy or conventional dressings following surgery found, at 10 weeks post debridement, that use of vacuum-assisted closure was associated with increased rates of wound closure among patients with disseminated disease, with no difference seen among patients with localized disease; vacuum-assisted closure therapy was associated with prolonged length of stay for all patients and time to wound closure in patients with localized disease as compared with conventional dressings.(22) **(EG 2)**

For open abdominal wound, and need for temporary abdominal closure, evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended. **(RG B)** A systematic review including 2 studies (74 adults with open abdominal wounds) found insufficient evidence to determine whether negative pressure wound therapy improved primary fascial closure of the abdomen, reduced adverse events, or decreased all-cause mortality as compared with other temporary abdominal closure techniques. The authors recommended future research evaluating these outcomes as well as investigating health-related quality of life, wound infection, and pain outcomes.(23) **(EG 1)** A systematic review and meta-analysis of 8 studies (1225 patients) evaluating techniques for temporary abdominal closure of open abdominal wounds found, through subgroup analysis, that negative pressure wound therapy was not associated with any improvement in the rates of primary fascial closure, postoperative 30-day overall morbidity, postoperative fistula, postoperative bleeding, and postoperative abdominal abscess compared with non-negative pressure wound therapy techniques. However, negative pressure wound therapy was associated with a lower postoperative mortality rate and length of stay. The authors stated that the findings were limited by the lack of high-quality randomized

controlled trials and publication bias and recommended further prospective randomized studies with homogeneous inclusion criteria.(24) **(EG 1)** A systematic review of 2 randomized trials and 9 cohort studies comparing the efficacy and safety of negative pressure wound therapy with alternative temporary abdominal closure techniques in critically ill adults with open abdominal wounds concluded that, while limited prospective data suggest that negative pressure wound therapy may be associated with improved outcomes, the clinical heterogeneity and quality of available studies preclude definitive conclusions regarding its use.(25) **(EG 1)** The Open Abdomen Advisory Panel concluded that there were no randomized controlled studies to support negative pressure as initial treatment; there was one inconclusive study to support its use in open abdomen closure; and for progressive closure, results were the same for synthetic materials and negative pressure wound therapy.(26) **(EG 2)** A prospective multicenter observational study of 578 patients with open abdominal wounds reported that negative pressure wound therapy was not associated with an increase in intestinal fistula formation or mortality as compared with other wound management techniques (eg, Bogota bag, mesh); however, a significantly lower rate of delayed closure was observed with negative pressure therapy.(27) **(EG 2)** An interventional procedure guidance report cites adequate evidence to support negative pressure wound therapy for the open abdomen under select clinical circumstances with audit and clinical governance. The advisory committee recommended additional research, citing a lack of evidence for outcomes such as impact on wound care, healing rates, and duration of hospital stay.(28) **(EG 2)**

For partial-thickness burns, evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended. **(RG B)** A systematic review concluded that there is insufficient evidence to determine the effectiveness of negative pressure wound therapy for this indication.(29) **(EG 1)**

For pressure injuries, evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended. **(RG B)** Systematic reviews have concluded that the effect of negative pressure wound therapy for treatment of pressure ulcers is unknown due to weak methodology in published randomized controlled trials.(30)(31) **(EG 1)** A health technology assessment concluded that there was a lack of good-quality trials for negative pressure wound therapy for the treatment of pressure ulcers.(1) **(EG 1)** A specialty society guideline based in part on a systematic review concluded that negative pressure wound therapy is similar in efficacy to standard care for reducing wound size.(31)(32) **(EG 2)** A practice guideline suggests the use of negative pressure wound therapy for stage III or IV pressure ulcers that fail to progressively heal with conventional therapy, despite the lack of high-quality evidence supporting this intervention.(33) **(EG 2)** A review article states that negative pressure wound therapy may be considered for early stage 3 or 4 pressure injuries but acknowledges that the recommendation is based on limited data.(34) **(EG 2)**

For surgical site infection prevention, evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended. **(RG B)** For cesarean birth, a systematic review and meta-analysis of 9 randomized controlled trials (5529 obese patients) comparing negative pressure wound therapy (NPWT) with standard dressings for the management of wound complications after cesarean birth found that NPWT was associated with a reduction in postoperative infections and an increase in blistering compared with standard dressings. However, the authors noted that lack of blinding and heterogeneity among included studies in follow-up periods, definition of standard dressings, definition of surgical site infection, and operative antiseptic techniques limited the results.(35) **(EG 1)** For closed laparotomy, a systematic review and meta-analysis of 9 studies (1266 patients) evaluating the use of NPWT found that NPWT was associated with a lower rate of surgical site infections compared with standard dressings (12.4% and 27.1% in the negative pressure and standard therapy groups, respectively). However, the analysis was limited by the different NPWT devices that were utilized in different trials as well as the heterogeneity of the included trials, which included nonrandomized trials.(36) **(EG 1)** A systematic review and meta-analysis of 12 studies with 1355 patients (one randomized controlled trial) comparing prophylactic NPWT with standard dressings on closed laparotomy incisions following ventral hernia repair found that NPWT was associated with a decreased risk of surgical site infection compared with standard dressings. However, the authors noted that the lack of randomized trials and heterogeneity among included studies in follow-up periods and definitions of surgical site infections limited the results, and further randomized trials were recommended.(37) **(EG 1)** For general abdominal surgery, a meta-analysis of 20 studies with 3193 patients (6 randomized controlled trials) evaluating prophylactic NPWT after general abdominal surgery found that NPWT was associated with a lower rate of surgical site infection compared with standard dressings in pooled data from all 20 studies; however, when data were pooled solely from the 6 randomized controlled trials, no difference in surgical site infection was seen between NPWT and standard dressings. The authors noted that significant clinical and methodological heterogeneity among studies limited the results, and further randomized controlled trials were recommended.(38) **(EG 1)** For groin surgery for vascular access, a systematic review and meta-analysis evaluating interventions to prevent groin wound surgical site infections after vascular surgery included 11 studies with 1344 patients (8 randomized trials) comparing NPWT with standard wound care and found that NPWT was associated with fewer surgical site infections compared with standard care. However, heterogeneity among studies in

surgical techniques, surgical populations, and operative antiseptic techniques limited the results, and further randomized trials were recommended.(39) **(EG 1)** A systematic review and meta-analysis of 62 studies (44 studies with 11,403 patients included in meta-analysis) comparing the incidence of surgical site infection in wounds treated with either NPWT or standard surgical dressings found that NPWT probably results in fewer surgical site infections compared with standard dressings (8.7% vs 11.75%, respectively); however, the authors noted that these findings are based on moderate-certainty evidence due to a high risk of bias in the included studies.(40) **(EG 1)** A systematic review of 6 randomized controlled trials and 15 observational studies (5122 patients) found low-quality evidence that prophylactic NPWT was associated with a lower risk of developing surgical site infection compared with conventional dressings; this association was not seen in orthopedic or trauma surgery, and the results were conflicting for vascular surgery. The authors recommended additional randomized controlled trials be performed to determine the role of prophylactic NPWT.(41) **(EG 1)** A practice guideline suggests the use of NPWT in adult patients with closed surgical incisions in high-risk wounds (eg, bleeding/hematoma, dead space, decreased blood flow, intraoperative contamination, poor tissue perfusion due to surrounding tissue damage) to prevent surgical site infections based on low-quality evidence.(42) **(EG 2)** For lower limb arthroplasty or fracture repair, a systematic review and meta-analysis of 7 randomized controlled trials (1053 patients) evaluating the efficacy of closed-incision NPWT for prevention of surgical site infection after total hip or total knee arthroplasty found that NPWT was associated with reduced surgical site infection compared with standard wound therapy among patients undergoing joint revision surgery; among patients undergoing primary arthroplasty, no difference in surgical site infection was seen between NPWT and standard wound therapy. The authors noted that lack of blinding, small numbers of primary arthroplasties, and heterogeneity among included studies limited the results.(43) **(EG 1)** A multicenter randomized trial enrolled 122 patients who were considered to be at high risk for wound infection after direct anterior total hip arthroplasty and found that prophylactic closed-incision NPWT was associated with lower rates of superficial surgical site infections as compared with application of an occlusive dressing. The authors advised future trials powered to evaluate rates of more severe surgical site complications.(44) **(EG 1)** A literature review of NPWT for the prevention of surgical site infection in hip and knee arthroplasties indicated that there may be a benefit in high-risk patients, but the authors concluded that larger prospective studies are needed to more definitively establish the role of this treatment in hip and knee reconstructive surgery.(9) **(EG 2)** A randomized prospective trial of 1540 participants age 16 years or older who underwent surgery for a lower limb fracture (81% with closed fractures) due to major trauma compared incisional NPWT with standard wound dressings and found, at 30 days and 90 days postoperatively, no difference between groups in the primary outcome of deep surgical site infections.(45)(46) **(EG 1)** For stoma reversal surgery, a single-center open-label randomized trial of 100 patients undergoing stoma reversal surgery compared prophylactic NPWT with conventional dressings and found, at 30-day follow-up, no difference in surgical site infections or wound complications between groups.(47) **(EG 1)**

For venous leg ulcers, evidence is insufficient, conflicting, or poor and demonstrates an incomplete assessment of net benefit vs harm; additional research is recommended. **(RG B)** Experience with negative pressure wound therapy for venous leg ulcers is limited.(48) **(EG 2)** A systematic review found no evidence from randomized controlled trials to support using negative pressure wound therapy as primary treatment for leg ulcers.(49) **(EG 1)** Primary treatment (without skin grafting) of venous leg ulcers with negative pressure wound therapy is not recommended.(2) **(EG 2)**

Rationale

Use of this MCG care guideline helps the clinician determine if a particular treatment, medication, or service might be appropriate for a specific patient, taking into account their unique health complexities.

Use of these evidence-based clinical criteria to support decision making benefits the patient by identifying patient-specific complex clinical factors and conditions, promoting personalized treatment. Utilizing evidence-based clinical criteria promotes patient safety by helping ensure that potential patient benefits outweigh the risks. In addition, the use of evidence-based guidelines can increase consistency in treatment thresholds, leading to less variation in care and promoting equitable treatment among patients.

Related CMS Coverage Guidance

This guideline supplements but does not replace, modify, or supersede existing Medicare regulations or applicable National Coverage Determinations (NCDs) or Local Coverage Determinations (LCDs).

Code of Federal Regulations (CFR): 42 CFR 419.22(91); 42 CFR 422.101(92)

Internet-Only Manual (IOM) Citations: CMS IOM Publication 100-02, Medicare Benefit Policy Manual, Chapter 14 - Medical Devices(93); CMS IOM Publication 100-02, Medicare Benefit Policy Manual, Chapter 15 - Covered Medical and Other Health Services(94); CMS IOM Publication 100-02, Medicare Benefit Policy Manual, Chapter 16 - General Exclusions from Coverage(95)

Medicare Coverage Determinations: Medicare Coverage Database(96)

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Footnotes

[A] Negative pressure wound therapy is contraindicated in unexplored fistulas, untreated osteomyelitis, or when there is a malignancy in the wound.(50) [A in Context Link 1]

[B] Negative pressure wound therapy has been shown to be safe and effective in children.(51) [B in Context Link 1]

[C] The Wagner classification system is the most commonly used scale for grading the severity of diabetic foot ulcers. Grade 1 refers to superficial diabetic ulcers and grade 2 refers to ulcers that have extended to ligament, tendon, joint capsule, or deep fascia. The University of Texas diabetic wound classification system is a similar grading scale: grade 1 refers to superficial wounds and grade 2 refers to wounds that penetrate to tendon or capsule. The University of Texas system also allows for specifying the presence of infection or ischemia in the wound.(61) [C in Context Link 1, 2]

Codes

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HCPCS: A6550, E2402

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Last Update: 1/25/2026 2:04:50 AM
Build Number: 30.0.2026012500524.025256