

Viral Illness, Acute

ORG: M-280 (ISC)

[Link to Codes](#)**MCG Health**Inpatient & Surgical
Care
30th Edition

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Care Planning - Inpatient Admission and Alternatives

Clinical Indications for Admission to Inpatient Care

Note: Some patients may be appropriate for Observation care. For consideration of observation care, see Viral Illness, Acute: Observation Care [ISC](#).

- Admission is indicated for **1 or more** of the following^{[A](1)(2)(3)(4)(5)}:^[1]
 - ☐ Pulmonary manifestation, as indicated by **1 or more** of the following:
 - Hypoxemia (1)(4)(5)
 - Ventilatory assistance^[B] needed (eg, mechanical ventilation, new need for noninvasive ventilation)(1)(4)(5)
 - Severe tachypnea (eg, respiratory rate greater than 30 breaths per minute^[C])(4)(8)
 - Accessory muscle use(9)
 - Respiratory retractions (eg, suprasternal, intercostal, or subcostal)(9)
 - Tachypnea that persists despite observation care(9)
 - Airway obstruction (eg, viral epiglottitis, airway narrowing from infectious mononucleosis or mpox)(5)(10)(11)
 - ☐ Systemic manifestation, as indicated by **1 or more** of the following:
 - Hemodynamic instability ^[D](4)(14)
 - Dehydration that is severe or persistent (5)(15)
 - Inability to maintain oral hydration (eg, needs IV fluid support) that persists despite observation care(11)(16)
 - Altered mental status that is severe or persistent (5)(11)(17)
 - New coagulopathy (eg, disseminated intravascular coagulation, liver failure, acute thrombosis)(18)
 - Acute kidney injury (stage 2) (14)(19)
 - Acute renal failure (stage 3 acute kidney injury) (14)(19)
 - Cardiac arrhythmias of immediate concern (20)
 - Hypothermia (eg, core (eg, rectal) body temperature at 95 degrees F (35 degrees C) or lower)(21)
 - Acute or progressive neuromuscular impairment (eg, Guillain-Barre syndrome, acute flaccid myelitis)^[E](13)(22)
 - Severe pain requiring acute inpatient management (eg, due to dermatologic manifestations)^[F](5)(16)
 - Other evidence of new end organ damage (eg, cardiac dysfunction, rising liver function tests, encephalopathy, seizure) that is severe or persists despite observation care(5)(11)(14)

- Disseminated herpes simplex or varicella-zoster infection(5)
- Suspected or diagnosed viral hemorrhagic fever(23)
- Isolation indicated that cannot be performed outside hospital setting[G]

Supplemental Medicare Criteria

Note: These criteria are to be considered for Medicare patients if none of the standard Clinical Indications for Admission to Inpatient Care apply.

- Patient with Medicare coverage requires inpatient admission, as indicated by **1 or more** of the following(24):
 - Admitting clinician expects patient to require hospital care for less than 2 midnights but, based on complex medical factors documented in medical record, judges that inpatient care is necessary (case-by-case exception). The medical record must contain sufficient documentation to make clear the rationale for the exception.
 - Patient has need for intubation and mechanical ventilation that is new (ie, did not present to hospital already on mechanical ventilation).
 - Treatment plan for hospital admission includes procedure designated by CMS as inpatient only (ie, on Inpatient Only List).
 - Patient has already received medically necessary hospital care that meets 2-midnight benchmark (excluding activities such as triage/intake, delays in provision of care, or time added due to patient or family convenience). The medical record must contain sufficient documentation to make clear the medical necessity for hospital care across 2 or more midnights.

Alternatives to Admission

- Alternatives include(1)(2)(3)(4)(5):
 - Outpatient care in emergency department, rapid treatment site, urgent care center, or medical office
 - History, physical examination, and assessment of risk factors
 - Chest x-ray and laboratory testing
 - Oral antiviral agent(25)
 - Observation. See Viral Illness, Acute: Observation Care [ISC guideline](#) as appropriate.
 - Home care
 - Nursing visits for assessment and laboratory work
 - Medication administration, respiratory therapy, and oxygen, as indicated
 - Recovery facility
 - Parenteral fluid and medication
 - Respiratory treatment and oxygen
 - Frequent assessment and treatment
 - Management of comorbidities
 - Isolation facility (eg, when needed during pandemic outbreaks)[G]

Hospitalization

Optimal Recovery Course

Day	Level of Care	Clinical Status	Activity	Routes	Interventions	Medications
1	• ICU[H] or floor • Social Determinants of Health Assessment • Adult Readmission Risk Assessment • Discharge planning	• Clinical Indications met[I] • Possible Fever • Possible Tachypnea • Possible Hypoxemia • Possible Altered mental status	• Activity as tolerated	• Oral or IV hydration • Parenteral or oral medications • Liquid or usual diet	• Possible Isolation • CBC with differential, chemistries, renal and hepatic function testing, C-reactive protein, coagulation panel • Nasopharyngeal, nasal, or oropharyngeal swab for antigen or nucleic acid amplification test (eg, PCR) for viral pathogens • Possible viral serologies • ABG or pulse oximetry	• Possible antiviral medication • Possible antipyretic medication • Possible analgesics • Possible corticosteroid[J] • Possible DVT prophylaxis

- Blood culture
- Possible oxygen
- Possible respiratory therapy

2	• Floor • Social Determinants of Health Assessment • Adult Readmission Risk Assessment	• Hypotension absent • No requirement for mechanical ventilation • Oxygenation at baseline or improved • Mental status at baseline	• Advance activity as tolerated	• Oral hydration • Oral or IV medications • Usual diet	• Possible Isolation • Pulse oximetry • Possible oxygen	• Possible antiviral medication • Possible antipyretic medication • Possible analgesics • Possible corticosteroid • Possible DVT prophylaxis
3	• Social Determinants of Health Assessment • Adult Readmission Risk Assessment • Floor to discharge • Complete discharge planning	• Hemodynamic stability • Afebrile or temperature acceptable for next level of care • Tachypnea absent • Oxygenation at baseline or acceptable for next level of care[K] • Mental status at baseline • Renal function at baseline, or stable and acceptable for next level of care • Discharge plans and education understood	• Ambulatory or acceptable for next level of care	• Oral hydration[L] • Oral medications or regimen acceptable for next level of care • Oral diet or acceptable for next level of care	• Isolation not indicated, or is performable at next level of care[G] • Pulse oximetry	• Antimicrobial medication absent or regimen established for next level of care • Possible corticosteroid • Possible DVT prophylaxis

(1)(2)(3)(4)(7)(25)(30)(31)(32)(33) 

Recovery Milestones are indicated in **bold**.

Goal Length of Stay: 2 days

Note: Goal Length of Stay assumes optimal recovery, decision making, and care. Patients may be discharged to a lower level of care (either later than or sooner than the goal) when it is appropriate for their clinical status and care needs.

Extended Stay

Minimal (a few hours to 1 day), Brief (1 to 3 days), Moderate (4 to 7 days), and Prolonged (more than 7 days).

- Extended stay beyond goal length of stay may be needed for(2)(3)(7)(34):
 - Failure to meet discharge criteria (recovery milestones within final day in Optimal Recovery Course)
 - Expect brief stay extension.
 - Cardiovascular complications(33)(35)(36)(37)
 - Arrhythmias, heart failure exacerbation, or acute coronary syndrome may occur.
 - Anticipate possible antiarrhythmic agent, anticoagulation, diuretic, inotrope, or catheter-directed intervention.
 - Expect brief to moderate stay extension.

- Respiratory insufficiency or failure(1)(30)(38)
 - Anticipate ventilatory support.[B]
 - Patient with acute respiratory distress syndrome may require high levels of positive end-expiratory pressure, prone ventilation, pulmonary vasodilator therapy, paralytic agent, or extracorporeal membrane oxygenation.
 - Expect moderate stay extension.
 - See Respiratory Insufficiency: Common Complications and Conditions [ISC](#).
- Worsening of renal function (eg, Acute renal failure (stage 3 acute kidney injury) or Acute kidney injury (stage 2))(19)
 - Anticipate close monitoring of fluid status, renal ultrasound, and urine chemistries and analysis.
 - Renal replacement therapy may be required.
 - Anticipate brief to moderate stay extension.
 - See Renal Failure: Common Complications and Conditions [ISC](#).
- Persistence or worsening of signs and symptoms (eg, Fever, Altered mental status, Hypotension)
 - Patient may be co-infected or secondarily infected.
 - Patients with baseline dementia are at higher risk for delirium.
 - Expect brief stay extension.
 - See Fever: Common Complications and Conditions [ISC](#), Mental Status Change: Common Complications and Conditions [ISC](#), or Hemodynamic Instability: Common Complications and Conditions [ISC](#).
- Clinically significant comorbidities (eg, heart failure, cirrhosis, COPD, diabetes)(39)(40)
 - Anticipate evaluation and treatment of specific comorbidity.
 - Expect brief stay extension.
- Clinically significant metabolic or electrolyte abnormality that is severe or persistent (eg, hypo-osmolality-hyponatremia, hypokalemia, metabolic acidosis)
 - Anticipate repeat testing and treatment (eg, supplementation, fluid restriction) as indicated.
 - Expect brief stay extension.

See Common Complications and Conditions [ISC](#) for further information.

Discharge

Discharge Planning

- Discharge planning includes[M]:
 - Assessment of needs and planning for care, including(42)(43)(44):
 - Develop and modify treatment plan (involving multiple providers) as needed.
 - Evaluate and address preadmission functioning as needed.
 - Evaluate and address psychosocial status issues as indicated. See Psychosocial Assessment [SR](#) for further information.
 - Evaluate and address social determinants of health (eg, housing, food). See Social Determinants of Health Screening Tool [SR](#) for further information.
 - Evaluate and address patient or caregiver preferences as indicated.
 - Identify skilled services needed at next level of care, with specific attention to:
 - Home safety assessment[N](45)(46)
 - Medication management, adherence instruction, and side effects assessment(47)(48)
 - Respiratory status assessment(45)
 - Significant chronic condition exacerbation with need for clinical intervention and monitoring(40)
 - Early identification of anticipated discharge destination; options include(44)(49)(50):
 - Home; considerations include[N](45):
 - Home safety assessment. See Home Safety Assessment [SR](#) for further information.
 - ☐ Patient safe to go home; examples include(51)(52)(53):
 - Medical status stable for patient's condition
 - Functional care can safely be provided with available resources.
 - Mental status stable for patient's condition
 - Medication availability confirmed and reconciliation complete
 - Patient/caregiver education completed with written discharge instructions provided
 - Community resources identified and referrals made, as needed
 - Home care arranged, if indicated
 - Necessary medical equipment delivery arranged or available in home, if indicated
 - Necessary medical supplies ordered, or patient/caregiver can obtain, if indicated
 - Access to follow-up care

- Self-management ability if appropriate. See Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADL) Assessment [↗](#) SR for further information.
- Caregiver need, ability, and availability
- Post-acute skilled care or custodial care as indicated. See Discharge Planning Tool [↗](#) SR for further information.
- Transitions of care plan complete, including(44)(49)(50)(54):
 - Patient and caregiver education complete.
 - See Teach-Back Tool [↗](#) SR for further information.
 - See Viral Illness, Acute: Patient Education for Clinicians [↗](#) SR for further information.
- ☐ Medication reconciliation completion includes(47)(55):
 - Compare patient's discharge list of medications (prescribed and over-the-counter) against provider's admission or transfer orders.
 - Assess each medication for correlation to disease state or medical condition.
 - Report medication discrepancies to prescribing provider, attending physician, and primary care provider, and ensure accurate medication order is identified.
 - Provide reconciled medication list to all treating providers.
 - Confirm that patient or caregiver can acquire medication.
 - Educate patient and caregiver.
 - Provide complete medication list to patient and caregiver.
 - Importance of presenting personal medication list to all providers at each care transition, including all provider appointments
 - Reason, dosage, and timing of medication (eg, use "teach-back" techniques)(56)
 - Encourage communication between patient, caregiver, and pharmacy for obtaining prescriptions, setting up home medication delivery, and reviewing for drug-drug interactions.
 - See Medication Reconciliation Tool [↗](#) SR for further information.
- Plan communicated to patient, caregiver, and all members of care team, including(57):
 - Inpatient care and service providers
 - Primary care provider
 - All post-discharge care and service providers
- Appointments planned or scheduled, which may include:
 - Primary care provider(58)
 - Infectious disease specialist(5)
 - Palliative or end-of-life care provider(59)
 - Pulmonologist(45)
 - Specialists for management of comorbidities as needed
 - Other
- Outpatient testing and procedure plans made, which may include(60):
 - Laboratory testing
 - Radiology
 - Other
- Referrals made for assistance or support, which may include:
 - Community services(61)(62)
 - End-stage disease planning
 - Financial, for follow-up care, medication, and transportation
 - Tobacco use treatment(63)(64)
 - Other
- Medical equipment and supplies coordinated (ie, delivered or delivery confirmed), which may include(60):
 - Other

Discharge Destination

- Post-hospital levels of admission may include:
 - Home.
 - Home healthcare. See Home Care Indications for Admission Section [↗](#) HC in Viral Illness, Acute guideline in Home Care.
 - Recovery facility care. See Recovery Facility Care Indications for Admission Section [↗](#) RFC in Viral Illness, Acute guideline in Recovery Facility Care.

Evidence Summary

Background

The COVID-19  ISC guideline applies to pulmonary and systemic illnesses caused by COVID-19. The Viral Illness, Acute guideline is appropriate for other known or suspected viral illnesses, other than those that are primarily gastrointestinal (eg, gastroenteritis, hepatitis), neurologic (eg, meningitis, encephalitis), or dermatologic (signs and symptoms are not systemic in nature, such as nondisseminated herpes zoster). Diagnoses that are appropriate for the Viral Illness, Acute guideline (list not exhaustive) include influenza, respiratory syncytial virus, severe acute respiratory syndrome (SARS), Middle East respiratory syndrome (MERS), upper respiratory infections presumed to be viral, acute bronchitis or pneumonia suspected or known to be viral in etiology, and generalized or systemic viral infections (eg, mononucleosis). For patients with pneumonia of unknown etiology (eg, treating with antibiotics empirically), the Pneumonia  ISC guideline is appropriate. Likewise, for patients with a generalized febrile illness without focal infection or source (eg, not pneumonia, UTI, cellulitis) of unknown etiology (ie, may be viral, bacterial, or fungal), the Sepsis and Other Febrile Illness, without Focal Infection  ISC guideline is appropriate.

Criteria

The evidence for the clinical indications found in this guideline includes 10 published peer reviewed articles, 2 specialty society or other evidence-based guidelines, and 8 book sections.

Analysis of national hospital discharge data for a commercially insured population shows 2.4% of patients seen in an emergency department with a principal diagnosis of acute viral illness were admitted to inpatient care.(6) **(EG 3)** Analysis of hospital discharge data for a Medicare-insured population shows 18.1% of patients seen in an emergency department with a principal diagnosis of acute viral illness were admitted to inpatient care.(6) **(EG 3)** Analysis of an all-payer database shows a mean length of stay of 4.2 days for patients admitted to inpatient care.(7) **(EG 3)** An emergency medicine textbook states that patients with acute viral illness who have respiratory or systemic manifestations that cannot be managed in the outpatient setting, or those who cannot maintain isolation in the outpatient setting, should be admitted to inpatient care.(5) **(EG 2)**

Length of Stay

Analysis of a national database including 58,872 adult patients admitted with influenza during the 2022 to 2023 influenza season found that 25% of patients were discharged within 2 days.(30) **(EG 2)** Analysis of a cohort including 1309 patients (mean age 42 years) admitted with influenza reported a mean length of stay of 2.5 days.(31) **(EG 2)** Analysis of 76,649 adult patients (median age 69 years) hospitalized with confirmed influenza from the US Influenza Hospitalization Surveillance Network database reports that 25% of patients were discharged in 2 days or less.(3) **(EG 2)** Analysis of 504 pregnant patients hospitalized with influenza (and who did not deliver) from the multinational Pregnancy Influenza Vaccine Effectiveness Network database reported a median hospital stay of 2 days.(32) **(EG 2)** Analysis of 6248 patients older than 50 years admitted with respiratory syncytial virus infection reported that 25% were discharged in 2 days or less.(33) **(EG 2)** Analysis of national hospital discharge data shows 37% of hospitalized adult patients with a principal diagnosis of an acute viral illness (excluding COVID-19) were discharged in 2 days or less.(7) **(EG 3)**

Rationale

Use of this MCG care guideline helps the clinician identify patient-specific complex clinical factors that make it reasonable to expect a necessity for hospital care across 2 or more midnights. The evidence-based clinical criteria assist the clinician in the decision to appropriately admit a patient to inpatient care. For Medicare enrollees, MCG care guidelines also support the clinician in the decision to appropriately admit a patient to inpatient care when there is not an expectation of 2 or more midnights of hospital care (eg, CMS' Two-Midnight Rule exceptions).

Use of these evidence-based clinical criteria to support decision making around the need for inpatient treatment is of clinical benefit to the patient and is crucial for quality patient care. Use of evidence-based clinical criteria ensures patients receive the most appropriate care for their specific condition, reduces unnecessary risks, promotes recovery, and provides a standard that can reduce disparities in care. Evidence-based clinical criteria not only help align treatment decisions with best practice, but they can also help reduce unwarranted variation in care by fostering consistency and equality in healthcare provision across regions and facilities. Appropriate use of the evidence-based clinical criteria in conjunction with the Supplemental Medicare Criteria ensures Medicare patients receive full access to Medicare benefits (eg, inpatient care), without risk of delay or decreased access, based on variables such as clinical severity of illness, length of provision of medically necessary hospital-level care, or satisfaction of specified Medicare criteria as directed by CMS. Use of these criteria will help ensure that the patient receives necessary care in the appropriate setting.

Related CMS Coverage Guidance

This guideline supplements but does not replace, modify, or supersede existing Medicare regulations or applicable National Coverage Determinations (NCDs) or Local Coverage Determinations (LCDs).

Code of Federal Regulations (CFR): 42 CFR 412.3(24); 42 CFR 419.22(65); 42 CFR 422.101(66)

Internet-Only Manual (IOM) Citations: CMS IOM Publication 100-02, Medicare Benefit Policy Manual, Chapter 1 - Inpatient Hospital Services Covered Under Part A(67); CMS IOM Publication 100-02, Medicare Benefit Policy Manual, Chapter 6 - Hospital Services Covered Under Part B(68); CMS IOM Publication 100-02, Medicare Benefit Policy Manual, Chapter 15 - Covered Medical and Other

Health Services(69); CMS IOM Publication 100-08, Medicare Program Integrity Manual, Chapter 6, Section 6.5 - Medical Review of Inpatient Hospital Claims for Part A Payment(70)

Medicare Coverage Determinations: Medicare Coverage Database(71)

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Footnotes

[A] The COVID-19  ISC guideline applies to pulmonary and systemic illnesses caused by COVID-19. The Viral Illness, Acute guideline is appropriate for other known or suspected viral illnesses, other than those that are primarily gastrointestinal (eg, gastroenteritis, hepatitis), neurologic (eg, meningitis, encephalitis), or dermatologic (signs and symptoms are not systemic in nature, such as nondisseminated herpes zoster). Diagnoses that are appropriate for the Viral Illness, Acute guideline (list not exhaustive) include influenza, respiratory syncytial virus, severe acute respiratory syndrome (SARS), Middle East respiratory syndrome (MERS), upper respiratory infections presumed to be viral, acute bronchitis or pneumonia suspected or known to be viral in etiology, and generalized or systemic viral infections (eg, mononucleosis). For patients with pneumonia of unknown etiology (eg, treating with antibiotics empirically), the Pneumonia  ISC guideline is appropriate. Likewise, for patients with a generalized febrile illness without focal infection or source (eg, not pneumonia, UTI, cellulitis) of unknown etiology (ie, may be viral, bacterial, or fungal), the Sepsis and Other Febrile Illness, without Focal Infection  ISC guideline is appropriate. [A in Context Link 1]

[B] Ventilatory assistance includes noninvasive methods (eg, high-flow nasal cannula (HFNC), CPAP, BPAP) and invasive methods (intubation with mechanical ventilation). [B in Context Link 1, 2]

[C] Criteria based upon clinician-acquired numeric values (eg, vital signs, oxygen saturation) should be used if they are accurate reflections of the patient's condition. Transitory findings (eg, abnormal only upon initial emergency department intake or only one time out of multiple readings) that rapidly improve with no or minimal treatment usually do not reflect disease severity or risk for deterioration.

This does not imply that an initial or one-time reading cannot ever be applicable. The goal is to separate erroneous or incidental findings from those that truly represent the patient's clinical picture. [C in Context Link 1]

[D] Some viral infections that are associated with Guillain-Barre syndrome or acute flaccid myelopathy can present with hemodynamic instability due to autonomic dysfunction.(12)(13) [D in Context Link 1]

[E] Acute flaccid myelitis typically manifests as an acute onset of asymmetric flaccid limb weakness, often accompanied by headache and meningismus, which follows prodromal symptoms due to the precipitating viral infection (eg, respiratory illness, headache, or gastrointestinal symptoms). It may progress to respiratory failure (either from respiratory muscle weakness or bulbar dysfunction with inability to protect the airway) and eventually to permanent paralysis.(13) [E in Context Link 1]

[F] Examples of acute viral illnesses that may cause severe pain include herpes simplex, varicella-zoster virus, mpox (formerly called monkeypox), dengue, yellow fever, and chikungunya virus.(5) Most patients with pain due to viral infection can have their pain managed with oral medications at home.(5) [F in Context Link 1]

[G] Most patients who do not have clinical indications for inpatient care can continue their appropriate level of isolation at other levels of care (eg, home, recovery facility). Consult the Centers for Disease Control and Prevention (CDC) website at www.cdc.gov/infection-control/hcp/isolation-precautions for updated recommendations on isolation. [G in Context Link 1, 2, 3]

[H] ICU admission is indicated for a patient with need for invasive or noninvasive mechanical ventilation, refractory hypoxemia (eg, pulse oximetry 90% or lower on 60% inspired oxygen or higher), respiratory acidosis with pH less than 7.20, Hemodynamic instability requirement for frequent hemodynamic measurements, altered level of consciousness, need for IV vasopressor or inotrope infusion, or end organ dysfunction. See Intensive, Intermediate, and Telemetry Care Guidelines [ISC](#) for further information.(4)(13)(26)(27) [H in Context Link 1]

[I] See Clinical Indications for Admission to Inpatient Care in this guideline. [I in Context Link 1]

[J] A specialty society guideline recommends against routine use of corticosteroids for influenza pneumonia.(4) Specialty society guidelines do recommend use of corticosteroids for adult patients in septic shock with hypotension refractory to fluid resuscitation and vasopressors and for patients with concomitant conditions requiring their use (eg, asthma, COPD exacerbation, adrenal insufficiency).(4)(28) [J in Context Link 1]

[K] Some patients require ongoing home treatment with oxygen.(29) [K in Context Link 1]

[L] Some patients may have their hydration needs met via alternative means (eg, percutaneous endoscopic gastrostomy tube). [L in Context Link 1]

[M] Discharge instructions should be given in the patient's and caregiver's native language using trained language interpreters whenever possible.(41) [M in Context Link 1]

[N] Isolation may be indicated based on virus type. If isolation is indicated, a home assessment may be needed to evaluate if the setting is suitable for care and whether the patient and caregivers are able to adhere to the isolation and care.(45) [N in Context Link 1, 2]

Definitions

Acute kidney injury (stage 2)

- Acute kidney injury (stage 2) with significant clinical findings, as indicated by **ALL** of the following(1)(2)(3):
 - Acute[A] kidney injury (stage 2), as indicated by **1 or more** of the following[B]:
 - Acute[A] rise in serum creatinine between 2 and 2.9 times its baseline value[C] (increase of 3 times baseline would qualify as stage 3 acute kidney injury)
 - Decreased urine output,[D] as indicated by **ALL** of the following:
 - Assessment of urine output appropriate (eg, adequate volume status, no urinary obstruction)
 - Urine output less than 0.5 mL/kg/hr for 12 hours
 - Significant clinical findings, as indicated by **1 or more** of the following[B]:
 - Hemodynamic instability
 - Worsening clinical status despite observation care (eg, rising creatinine or urine output remains less than 0.5 mL/kg/hr)
 - Altered mental status
 - Cardiac arrhythmias of immediate concern
 - Severe hypertension (SBP greater than 180 mm Hg or DBP greater than 120 mm Hg in adults or greater than the 95th percentile for age, gender, and height plus 30 mm Hg in pediatric patients)(4)(5)
 - Significant respiratory findings (eg, pulmonary edema) that are severe (eg, Hypoxemia) or persist despite observation care
 - Clinically significant electrolyte abnormality that is severe (eg, hyperkalemia with severe ECG findings)[E] or persists despite observation care

- Clinically significant metabolic abnormality (eg, metabolic acidosis) that is severe or persists despite observation care

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Footnotes

- A. A specialty society practice guideline defines acute kidney injury as a change in renal function that is known or presumed to have occurred over the previous 7 days.(1)
- B. In determining the stage of acute kidney injury (eg, stage 2 vs stage 3), patients should be staged according to the criteria that give them the highest stage.(1)
- C. If the baseline serum creatinine is not known, absent known or suspected chronic kidney disease, a baseline serum creatinine can be approximated by assuming an estimated GFR of 75 mL/min/1.73m² (1.25 mL/sec/1.73m²). (1)  eGFR - Adult Calculator
 eGFR - Pediatric Calculator
- D. The use of urine output as an indicator of acute kidney injury is important, as change in urine output can occur before a noticeable rise in creatinine.(1)(3) It is also suggested that urine output can identify patients with acute kidney injury that may otherwise be missed.(1)(3) However, urine output as a metric is only valid under the appropriate conditions. For example, the patient must not be hypovolemic, there must not be urinary obstruction, and the collection and measurement of urinary output must be complete and accurate.(1)(3) Use of urinary output to define acute kidney injury can be inaccurate in obese patients due to the nonlinear relationship between body weight and urine output. For example, in a 100-kg (220-lb) patient, urine output of 45 mL/hr over 12 hours (adequate output) would qualify as stage 2 acute kidney injury.(1)(3)
- E. ECG findings include peaked T-waves, PR interval greater than 0.20 seconds, QRS interval greater than 0.12 seconds, and arrhythmia.(6)(7)

Acute renal failure (stage 3 acute kidney injury)

- Acute^[A] kidney injury (stage 3),^[B] as indicated by **1 or more** of the following^[C](1)(2)(3):
 - Acute^[A] rise in serum creatinine to 3 times its baseline value^[D] or higher
 - Acute^[A] rise in serum creatinine to at least 1.5 times its baseline value^[D] (increase of 50%) and serum creatinine is greater than 4 mg/dL (354 micromoles/L)
 - In child younger than 18 years, estimated GFR less than 35 mL/min/1.73m² (0.58 mL/sec/1.73m²)
 eGFR - Pediatric Calculator and **1 or more** of the following:
 - Acute^[A] rise in serum creatinine to at least 1.5 times its baseline value^[D] (increase of 50%)
 - Within past 48 hours, rise in serum creatinine greater than 0.3 mg/dL (26.5 micromoles/L)
 - Decreased urine output,^[E] as indicated by **ALL** of the following:
 - Assessment of urine output appropriate (eg, adequate volume status, no urinary obstruction)
 - Oligoanuria, as indicated by **1 or more** of the following:
 - Urine output less than 0.3 mL/kg/hr for 24 hours
 - Anuria (urine output less than 0.1 mL/kg/hr) for 12 hours
 - Initiation of renal replacement therapy required(4)

References

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Footnotes

- A. A specialty society practice guideline defines acute kidney injury as a change in renal function that is known or presumed to have occurred over the previous 7 days.(1)
- B. For purposes of these criteria, the term acute renal failure can be viewed as stage 3 acute kidney injury in the KDIGO classification system.(1) Of note, in the ICD-10 diagnostic coding system (main coding scheme used in labeling diagnoses), the relevant codes covering the clinical entity of significant acute kidney injury use the term acute kidney failure (eg, code N17.9).
- C. In determining the stage of acute kidney injury (eg, stage 2 vs stage 3), patients should be staged according to the criteria that give them the highest stage.(1)
- D. If the baseline serum creatinine is not known, absent known or suspected chronic kidney disease, a baseline serum creatinine can be approximated by assuming an estimated GFR of 75 mL/min/1.73m² (1.25 mL/sec/1.73m²).(1)  eGFR - Adult Calculator  eGFR - Pediatric Calculator
- E. The use of urine output as an indicator of acute kidney injury is important, as change in urine output can occur before a noticeable rise in creatinine.(1)(3) It is also suggested that urine output can identify patients with acute kidney injury that may otherwise be missed.(1)(3) However, urine output as a metric is only valid under the appropriate conditions. For example, the patient must not be hypovolemic, there must not be urinary obstruction, and the collection and measurement of urinary output must be complete and accurate.(1)(3) Use of urinary output to define acute kidney injury can be inaccurate in obese patients due to the nonlinear relationship between body weight and urine output. For example, in a 100-kg (220-lb) patient, urine output of 45 mL/hr over 12 hours (adequate output) would qualify as stage 2 acute kidney injury.(1)(3)

Adult Readmission Risk Assessment

- Risk of readmission is increased by presence (upon admission or during hospital stay) of **1 or more** of the following(1):
 - Clinically significant comorbid illness that necessitates (during current hospital stay) new or intensified treatment, prolongs length of stay, or impacts discharge level of care (eg, heart failure, COPD, active malignancy, cirrhosis, dementia, psychosis)(1)(2)(3)
 - End-stage renal disease or new need for dialysis(1)
 - Malnutrition[A](1)
 - Need for parenteral nutrition or supplemental enteral tube feeding (eg, via gastrostomy tube or jejunostomy tube)(1)
 - Need for transfusion of platelets or red blood cells(1)
 - Need for supplemental oxygen after discharge (new or pre-existing)(1)
 - Potential barriers to postdischarge clinical care (eg, homelessness, lack of transportation, impaired access to care or medication, active substance abuse)(1)
 - Frailty (ie, as indicated by a frailty measurement tool)[B][C](1)(5)(6)(7)
 - Two or more emergency department visits and/or inpatient admissions within previous 6 months(1)(8)

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Footnotes

- A. There are many tools used to assess for malnutrition in adults. Near universal elements include recent weight loss and low muscle mass. Most tools include criteria based on BMI. Some include criteria around etiology such as low food intake vs disease burden or inflammation.(4) The Malnutrition Universal Screening Tool (MUST) is available at www.mdcalc.com/calc/10190/malnutrition-universal-screening-tool-must. The Nutrition Risk Screening 2002 (NRS-2002) tool is available at www.mdcalc.com/calc/4012/nutrition-risk-screening-2002-nrs-2002. A document that outlines the elements and scoring of several tools can be downloaded from <https://aspenjournals.onlinelibrary.wiley.com/action/downloadSupplement?doi=10.1002%2Fjpen.1440&file=jpen1440-sup-0001-Appendix.docx>.
- B. There are numerous measurement tools used to assess for frailty. Some of the more commonly used scales (with score indicating frailty in parentheses) include the following: Frailty Phenotype (3 or higher), 40-item Frailty Index (0.25 or higher), Study of Osteoporotic Fracture Index (2 or higher), Edmonton Frail Scale (8 or higher), FRAIL Scale (3 or higher), Clinical Frailty Scale (5 or higher), and Tilburg Frailty Indicator (5 or higher).(5)
- C. Frailty may be described as a phenotype or as an accumulation of health deficits. The Fried phenotype delineates a clinical syndrome resulting from altered metabolism coupled with abnormal stress responses.(6) This model includes 5 characteristic features: exhaustion (energy level), weakness (hand grip strength), slowness (gait speed), physical inactivity (falls), and weight loss.(6)(7) The presence of 3 or more of these deficits indicates the presence of frailty.(6)(7) Frailty as deficit accumulation considers findings in multiple domains (eg, cognitive, physical, nutritional, laboratory) and high-risk comorbidities.(6)(7) In this model, the degree of frailty is quantified by the number of indicative items present.(6)

Altered mental status

- Altered mental status (ie, different from baseline), as indicated by **1 or more** of the following(1)(2)(3)(4):
 - Confusional state (eg, disorientation, difficulty following commands, deficit in attention)
 - Lethargy (eg, awake or arousable, but with drowsiness; reduced awareness of self and environment)
 - Obtundation (ie, arousable only with strong stimuli, lessened interest in environment, slowed responses to stimulation)
 - Stupor (ie, may be arousable but patient does not return to normal baseline level of awareness)
 - Coma (ie, not arousable)

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Altered mental status that is severe or persistent

- Altered mental status (ie, different from baseline) that is severe or persistent, as indicated by **1 or more** of the following(1)(2)(3)(4):
 - Confusional state (eg, disorientation, difficulty following commands, deficit in attention) that persists despite appropriate treatment (eg, of underlying cause, despite observation care)
 - Lethargy (eg, awake or arousable, but with drowsiness; reduced awareness of self and environment) that persists despite appropriate treatment (eg, of underlying cause, despite observation care)
 - Obtundation (ie, arousable only with strong stimuli, lessened interest in environment, slowed responses to stimulation)
 - Stupor (ie, may be arousable but patient does not return to normal baseline level of awareness)
 - Coma (ie, not arousable)

References

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Cardiac arrhythmias of immediate concern

- Cardiac arrhythmias or findings of immediate concern, as indicated by **1 or more** of the following(1)(2)(3):

- Heart rhythms that are inherently dangerous or unstable, as indicated by **1 or more** of the following(4)(5)(6):
 - Resuscitated ventricular fibrillation or cardiac arrest
 - Ventricular escape rhythm
 - Sustained ventricular tachycardia (30 seconds or more of ventricular rhythm at greater than 100 beats per minute)
 - Nonsustained ventricular tachycardia and **1 or more** of the following:
 - Suspected cardiac ischemia as cause or consequence of ventricular tachycardia
 - Acute myocarditis
- Unstable cardiac conduction defects, as indicated by **1 or more** of the following(7)(8):
 - Type II second-degree atrioventricular block
 - Third-degree atrioventricular block
 - New-onset left bundle branch block with suspected myocardial ischemia(9)
- Any heart rhythm and **1 or more** of the following(5)(8)(10)(11)(12)(13):
 - Continuous long-term ECG monitoring needed (eg, initiation of drug requiring monitoring beyond observation care)
 - Patient has automatic implantable cardioverter-defibrillator that is repeatedly firing, malfunctioning, or in need of immediate adjustment of settings beyond scope of observation care.
- Heart rhythms of concern due to **1 or more** of the following(8):
 - Hypotension
 - Respiratory distress
 - Association with other significant symptoms (eg, syncope)(10)(11)

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Dehydration that is severe or persistent

- Dehydration and **1 or more** of the following(1)(2)(3)(4):
 - Clinical findings of severe dehydration, as indicated by **1 or more** of the following:
 - Hemodynamic instability
 - Acute renal failure (stage 3 acute kidney injury)
 - Acute kidney injury (stage 2)
 - Serum sodium greater than 150 mEq/L (mmol/L)
- Dehydration that is persistent, as indicated by **ALL** of the following:
 - Oral rehydration therapy not tolerated or insufficient to adequately correct dehydration
 - Dehydration persists despite appropriate treatment (eg, IV fluids, observation care)

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Fever

- Fever is defined as a core^[A] temperature greater than or equal to 100.4 degrees F (38 degrees C).^{[B](2)(3)}

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Footnotes

- A. While a rectal temperature can be considered a core reading, it is not always practical. Tympanic membrane temperature is not usually considered a core reading; however, the devices that measure this temperature often are (or can be) programmed so that they automatically adjust readings to reflect a core temperature equivalent.⁽¹⁾
- B. There is not a universally accepted definition of fever, as various temperatures are proposed as the cutoff that constitutes a fever.

Hemodynamic instability

- Hemodynamic instability, as indicated by **1 or more** of the following:
 - Vital sign abnormality not corrected by appropriate treatment, as indicated by **1 or more** of the following^[A]:
 - Tachycardia that persists despite appropriate treatment (eg, treatment of underlying cause, despite observation care)^[A]
 - Hypotension that persists despite appropriate treatment (eg, treatment of underlying cause, despite observation care)^[A]
 - Orthostatic hypotension that persists despite appropriate treatment (eg, treatment of underlying cause, despite observation care)^[A]
 - Severe hypotension in adult patient, as indicated by **1 or more** of the following:
 - Systolic blood pressure less than 80 mm Hg^{(1)[A]}
 - Shock index greater than 1.0 (shock index is the heart rate divided by systolic blood pressure)^{[A](2)(3)(4)}
 - Mean arterial pressure^[B] less than 65 mm Hg  MAP Calculator^{[A](1)(6)}
 - IV inotropic or vasopressor medication required to maintain adequate blood pressure or perfusion⁽³⁾⁽⁶⁾
 - Hypoperfusion due to hypotension, as indicated by **ALL** of the following:
 - Hypotension
 - Evidence of hypoperfusion, as indicated by **1 or more** of the following:
 - Lactate of 2.0 mmol/L (18 mg/dL) or more secondary to hypotension (ie, hypoperfusion)^{[C](3)(6)(8)}
 - Metabolic acidosis (arterial or venous^[D] pH less than 7.35) not otherwise explained⁽³⁾⁽⁶⁾⁽⁸⁾
 - Significant end organ dysfunction due to hypotension (eg, Altered mental status, myocardial ischemia, 2-fold or higher acute increase in serum creatinine)⁽³⁾⁽⁶⁾
 - Severe hypotension in pediatric patient, as indicated by **1 or more** of the following:
 - Systolic blood pressure less than 80 mm Hg in child 6 to 17 years of age^{[A](14)}
 - Systolic blood pressure less than 75 mm Hg in child 6 months to 5 years of age^{[A](14)}
 - Shock index greater than 0.9 in child 13 to 17 years of age (shock index is the heart rate divided by systolic blood pressure)^{[A](2)(15)}
 - Shock index greater than 1.0 in child 7 to 12 years of age (shock index is the heart rate divided by systolic blood pressure)^{[A](2)(15)}
 - Shock index greater than 1.2 in child 4 to 6 years of age (shock index is the heart rate divided by systolic blood pressure)^{[A](2)(15)}
 - IV inotropic or vasopressor medication required to maintain adequate blood pressure or perfusion⁽⁵⁾⁽⁶⁾
 - Hypoperfusion due to hypotension, as indicated by **ALL** of the following:
 - Hypotension
 - Evidence of hypoperfusion, as indicated by **1 or more** of the following:
 - Lactate of 2.0 mmol/L (18 mg/dL) or more secondary to hypotension (ie, hypoperfusion)^{[C](6)(8)}

- Metabolic acidosis (arterial or venous pH less than 7.35) not otherwise explained^{(D)(5)(6)(14)}
- Significant end organ dysfunction due to hypotension (eg, Altered mental status, myocardial ischemia, 2-fold or higher acute increase in serum creatinine)⁽⁵⁾⁽⁶⁾⁽¹⁴⁾

References

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Footnotes

- A. Criteria based upon clinician-acquired numeric values (eg, vital signs, oxygen saturation) should be used if they are accurate reflections of the patient's condition. Transitory findings (eg, abnormal only upon initial emergency department intake or only one time out of multiple readings) that rapidly improve with no or minimal treatment usually do not reflect disease severity or risk for deterioration. This does not imply that an initial or one-time reading cannot ever be applicable. The goal is to separate erroneous or incidental findings from those that truly represent the patient's clinical picture.
- B. The mean arterial pressure (MAP) takes into account both SBP and DBP readings.⁽³⁾⁽⁵⁾
- C. There are numerous causes of an elevated lactate level. The most common are cardiogenic or hypovolemic shock, severe heart failure, severe trauma, or sepsis. However, there are also other etiologies to consider such as vigorous exercise, seizures, liver disease, or medication use (eg, metformin, beta2-agonists); therefore, interpretation of elevated lactate levels requires consideration of the clinical context (eg, well-appearing post exercise vs hypotensive). The severity and persistence of the elevation can sometimes be helpful in this differentiation. In most instances of lactic acidosis, blood pH is less than 7.35, with a serum bicarbonate level of 20 mEq/L (mmol/L) or lower. However, a coexisting respiratory or metabolic alkalosis can mask these findings.⁽⁷⁾⁽⁸⁾
- D. Analyses have concluded that venous and arterial pH measurements are highly correlated, with small differences between them that are usually not clinically significant.⁽⁹⁾⁽¹⁰⁾⁽¹¹⁾⁽¹²⁾⁽¹³⁾ If a mixed acid-base disorder is suspected, an arterial blood gas is indicated.⁽¹⁰⁾

Hemodynamic stability

- Hemodynamic stability, as indicated by **1 or more** of the following:
 - Hemodynamic abnormalities at baseline or acceptable for next level of care
 - Patient hemodynamically stable, as indicated by **ALL** of the following⁽¹⁾⁽²⁾:
 - Tachycardia absent
 - Hypotension absent

- No evidence of inadequate perfusion (eg, no myocardial ischemia)
- No other hemodynamic abnormalities (eg, no Orthostatic hypotension)

References

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Hypotension

- Hypotension, as indicated by **1 or more** of the following:
 - Hypotension in adult patient, as indicated by **1 or more** of the following:
 - Systolic blood pressure less than 90 mm Hg[A][B](1)
 - Mean arterial pressure[C] less than 70 mm Hg[A][B]  MAP Calculator(1)(2)
 - Decrease in baseline systolic blood pressure of 30 mm Hg or more, with significant signs or symptoms due to lower blood pressure (eg, near syncope, syncope, chest pain)[A][B](1)
 - Hypotension in pediatric patient, as indicated by **1 or more** of the following:
 - Systolic blood pressure less than 110 mm Hg in child 13 to 17 years of age[A][D](3)
 - Systolic blood pressure less than 100 mm Hg in child 6 to 12 years of age[A][D](3)
 - Systolic blood pressure less than 95 mm Hg in child 3 to 5 years of age[A][D](3)
 - Systolic blood pressure less than 90 mm Hg in child 1 or 2 years of age[A][D](3)
 - Systolic blood pressure less than 80 mm Hg in infant 6 to 11 months of age[A][D](3)
 - Systolic blood pressure less than 70 mm Hg in infant 3 to 5 months of age[A][D](3)
 - Systolic blood pressure less than 65 mm Hg in infant 1 or 2 months of age[A][D](3)

References

1. Schriger DL. Approach to the patient with abnormal vital signs. In: Goldman L, Cooney KA, editors. Goldman-Cecil Medicine. 27th ed. Elsevier; 2024:32-35.
2. Puskarich MA, Jones AE. Shock. In: Walls RM, editor. Rosen's Emergency Medicine: Concepts and Clinical Practice. 10th ed. Elsevier; 2023:34-41.e1.
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Footnotes

- A. Criteria based upon clinician-acquired numeric values (eg, vital signs, oxygen saturation) should be used if they are accurate reflections of the patient's condition. Transitory findings (eg, abnormal only upon initial emergency department intake or only one time out of multiple readings) that rapidly improve with no or minimal treatment usually do not reflect disease severity or risk for deterioration. This does not imply that an initial or one-time reading cannot ever be applicable. The goal is to separate erroneous or incidental findings from those that truly represent the patient's clinical picture.
- B. Interpretation of blood pressure requires clinical judgment and consideration of several patient-specific factors, such as the patient's baseline blood pressure, medications, and clinical impact. For example, an elderly patient with heart failure may be prescribed medication with the intentional goal of a reduced pressure. If the patient's baseline SBP is 92 mm Hg to 96 mm Hg, absent signs or symptoms of hypotension, an emergency department SBP of 86 mm Hg should not automatically be categorized as hypotensive. This would hold for mean arterial pressure (MAP) as well. The numeric values included in this definition are provided to allow for consistency in terms of a technical definition of the term hypotension. Whether a blood pressure below the technical threshold is clinically meaningful is a matter of persistence, context, and clinical judgment.
- C. The mean arterial pressure (MAP) takes into account both SBP and DBP readings.
- D. Interpretation of blood pressure requires clinical judgment and consideration of several patient-specific factors, such as the patient's baseline blood pressure, medications, and clinical impact. The numeric values included in this definition are provided to allow for consistency in terms of a technical definition of the term hypotension. Whether a blood pressure below the technical threshold is clinically meaningful is a matter of persistence, context, and clinical judgment.

Hypotension absent

- Hypotension absent,[A] as indicated by **1 or more** of the following:
 - Hypotension absent in adult patient, as indicated by **1 or more** of the following:
 - Systolic blood pressure greater than or equal to 90 mm Hg[A](1)
 - Mean arterial pressure[B] greater than or equal to 70 mm Hg  MAP Calculator[A](1)(2)

- Blood pressure at patient's baseline (eg, healthy adult with low systolic blood pressure), at intentional therapeutic goal (eg, patient with heart failure), or acceptable for next level of care (eg, blood pressure stable and no significant signs or symptoms due to low blood pressure)
- Hypotension absent in pediatric patient, as indicated by **1 or more** of the following:
 - Systolic blood pressure greater than or equal to 110 mm Hg in child 13 to 17 years of age^{[A](3)}
 - Systolic blood pressure greater than or equal to 100 mm Hg in child 6 to 12 years of age^{[A](3)}
 - Systolic blood pressure greater than or equal to 95 mm Hg in child 3 to 5 years of age^{[A](3)}
 - Systolic blood pressure greater than or equal to 90 mm Hg in child 1 or 2 years of age^{[A](3)}
 - Systolic blood pressure greater than or equal to 80 mm Hg in infant 6 to 11 months of age^{[A](3)}
 - Systolic blood pressure greater than or equal to 70 mm Hg in infant 3 to 5 months of age^{[A](3)}
 - Systolic blood pressure greater than or equal to 65 mm Hg in infant 1 or 2 months of age^{[A](3)}
 - Blood pressure at patient's baseline (eg, healthy child with low systolic blood pressure), at intentional therapeutic goal, or acceptable for next level of care (eg, blood pressure stable and no significant signs or symptoms due to low blood pressure)

References

1. Schriger DL. Approach to the patient with abnormal vital signs. In: Goldman L, Cooney KA, editors. Goldman-Cecil Medicine. 27th ed. Elsevier; 2024:32-35.
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3. Anderson CC, Kapoor S, Mark TE. Pediatric parameters and equipment. In: Anderson CC, Kapoor S, Mark TE, editors. The Harriet Lane Handbook: A Manual for Pediatric House Officers. 23rd ed. Elsevier; 2024:i-iii.

Footnotes

- A. Criteria based upon clinician-acquired numeric values (eg, vital signs, oxygen saturation) should be used if they are accurate reflections of the patient's condition. Transitory findings (eg, abnormal only upon initial emergency department intake or only one time out of multiple readings) that rapidly improve with no or minimal treatment usually do not reflect disease severity or risk for deterioration. This does not imply that an initial or one-time reading cannot ever be applicable. The goal is to separate erroneous or incidental findings from those that truly represent the patient's clinical picture.
- B. The mean arterial pressure (MAP) takes into account both SBP and DBP readings.

Hypoxemia

- Hypoxemia, as indicated by **1 or more** of the following⁽¹⁾:
 - Patient without baseline need for supplemental oxygen with oxygen saturation (SpO₂) of less than 90% or arterial blood gas partial pressure of oxygen (PaO₂) of less than 60 mm Hg (8.0 kPa) on room air^{[A][B]}
 - Patient without baseline need for supplemental oxygen who now requires supplemental oxygen to keep SpO₂ greater than 89% or PaO₂ greater than 59 mm Hg (7.9 kPa)^[A]
 - Patient with baseline need for supplemental oxygen who now requires increased supplemental oxygen to maintain oxygenation at baseline or acceptable level

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Footnotes

- A. Pulse oximetry (SpO₂) may underestimate arterial saturation (SaO₂), especially in people with dark skin pigmentation, thick skin, cold body temperature, or who are wearing colored nail polish, and thus may not accurately detect hypoxemia.⁽²⁾ Where appropriate, pulse oximetry should be measured after warming fingers or removing nail polish. Pulse oximetry results should be assessed within the context of the patient's clinical presentation, and performance of an arterial blood gas considered for a more accurate assessment of oxygenation if indicated.⁽²⁾ Specific target values may require adjustment when care is delivered at high altitude.⁽³⁾
- B. Criteria based upon clinician-acquired numeric values (eg, vital signs, oxygen saturation) should be used if they are accurate reflections of the patient's condition. Transitory findings (eg, abnormal only upon initial emergency department intake or only one time out of multiple readings) that rapidly improve with no or minimal treatment usually do not reflect disease severity or risk for

deterioration. This does not imply that an initial or one-time reading cannot ever be applicable. The goal is to separate erroneous or incidental findings from those that truly represent the patient's clinical picture.

Isolation

- Isolation, as indicated by **1 or more** of the following[A][B](2):
 - Contact precautions, as indicated by **1 or more** of the following[C]:
 - Major draining abscess or decubitus ulcer, until drainage stops or can be contained by dressing
 - Acute viral conjunctivitis
 - Impetigo
 - Pediculosis (lice)
 - Known or suspected infection or colonization with multidrug-resistant organism
 - *Clostridioides difficile*
 - Child with bronchiolitis
 - For diapered or incontinent persons: gastroenteritis, hepatitis A or E
 - Severe primary, mucocutaneous, or disseminated *Herpesvirus hominis* (herpes simplex), until lesions are dry and crusted
 - Other infection or colonization with organism known to be transmitted via environmental contamination (eg, norovirus, rotavirus)
 - Droplet precautions (known or suspected infection with pathogen transmittable by large particle droplets from respiratory secretions), as indicated by **1 or more** of the following[D]:
 - Pharyngeal diphtheria until 2 cultures are negative 24 hours apart
 - Epiglottitis due to *Haemophilus influenzae*
 - Seasonal influenza
 - Meningitis due to *Haemophilus influenzae* or *Neisseria meningitidis* until 24 hours after effective therapy
 - Mumps (infectious parotitis) until 5 days after swelling onset
 - Group A *Streptococcus* skin, wound, or major burn (with contact isolation)
 - Pneumonia adenovirus (with contact isolation)
 - Pneumonia due to group A *Streptococcus*, *Mycoplasma pneumoniae*, child with type b *Haemophilus influenzae*
 - *Bordetella pertussis* (whooping cough) until 5 days of effective antibiotic therapy
 - Pneumonic plague (*Yersinia pestis*) until 48 hours of effective antibiotic therapy
 - Rubella until 7 days after rash onset
 - Other pathogenic agent transmittable by droplets
 - Airborne precautions (known or suspected infection with pathogenic agent transmittable by aerosol that can remain suspended in the air), as indicated by **1 or more** of the following[E](3):
 - Severe acute respiratory syndrome (SARS) or severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection (with contact isolation)
 - *Mycobacterium tuberculosis*
 - Novel influenza A infection (eg, avian H5N1, H5N2, H7N9)
 - Measles until 4 days after rash onset, or for duration of illness if immunocompromised
 - Disseminated varicella zoster or infection in immunocompromised patient (with contact isolation)
 - Viral hemorrhagic fever (eg, *Ebolavirus*, Marburg; with contact isolation)
 - Other pathogenic agent transmittable by aerosol
- Protective environment required following allogeneic hematopoietic stem cell transplant[F]

References

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3. Center for International Blood and Marrow Transplant Research (CIBMTR), et al. Guidelines for preventing infectious complications among hematopoietic cell transplant recipients: a global perspective. *Bone Marrow Transplantation* 2009;44(8):453-455.

Footnotes

- A. Most patients who do not have clinical indications for inpatient care can continue their appropriate level of isolation at other levels of care (eg, home, recovery facility).(1)
- B. The indications and specifics for various infection control measures vary by diagnosis and can change over time. Detailed and up-to-date recommendations from the Centers for Disease Control and Prevention are available at

www.cdc.gov/infectioncontrol/guidelines/isolation/updates.html, www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html, www.cdc.gov/flu/professionals/infectioncontrol/healthcaresettings.htm, www.cdc.gov/flu/avianflu/novel-flu-infection-control.htm, and www.cdc.gov/vhf/ebola/clinicians/index.html.

- C. Contact precautions include hand hygiene, single-patient rooms (preferred) or cohorting of patients colonized with the same pathogen, use of personal protective equipment for patient contact (gloves and gowns), coverage and containment of infected or colonized areas of the patient's body during transport, use of disposable patient care equipment where applicable, use of patient-dedicated nondisposable equipment where applicable, cleaning and disinfecting nondisposable equipment prior to reuse on another patient, and daily or more frequent cleaning and disinfection of patient rooms and room equipment.
- D. Droplet precautions include hand hygiene, single-patient rooms (preferred) or cohorting of patients colonized with the same pathogen, use of masks for patient exposure, and masking of patient during transport.
- E. Airborne precautions include hand hygiene, single-patient airborne infection isolation (negative pressure) room exhausted to the outside or through HEPA filtration, and use of personal protective equipment for patient contact (fit-tested N95 or higher level mask, gloves, and gowns). In the event of a large outbreak, patients known or presumed to have the same infection may be cohorted.
- F. Protective environment precautions include hand hygiene, HEPA filtration for incoming air, positive pressure relative to the corridor, daily surface cleaning and disinfection, and N95 mask for patient during transport.

Observation care

- When a Clinical Indication says "...despite (or beyond) observation care," the intent is to signify that, despite an attempt to address a sign, symptom, finding, or treatment need in observation care, a continued need for hospital-based care persists beyond the observation care time frame (ie, Observation Care Discharge Criteria are not met). The time frame of observation care is determined by regulation (eg, CMS's Two-Midnight Rule) or payer-provider contractual agreement. MCG's understanding of observation care is that it must be finite and of short duration. The Two-Midnight Rule for Medicare patients (inpatient is defined as medical necessity for hospital-based care across 2 or more midnights) provides a good example of what is meant by a short duration (ie, observation care should not continue beyond the second midnight).

Orthostatic hypotension

- Orthostatic hypotension,^{[A][B]} as indicated by **1 or more** of the following(1)(2)(3):
 - Fall in SBP of 20 mm Hg or more 1 to 3 minutes after patient sits or stands from recumbent position
 - Fall in DBP of 10 mm Hg or more 1 to 3 minutes after patient sits or stands from recumbent position

References

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Footnotes

- A. Concomitant measurements of the heart rate are important to measure to help diagnose subtypes of orthostatic hypotension (eg, the lack of a compensatory increase in heart rate is typical of autonomic failure and an exaggerated tachycardia may be reflective of volume depletion). However, the heart rate is not a component of the definition of orthostatic hypotension, which relies upon blood pressure alone.(1)(2)(3)
- B. Criteria based upon clinician acquired numeric values (eg, vital signs, oxygen saturation) should be used if they are accurate reflections of the patient's condition. Transitory findings (eg, abnormal only upon initial emergency department intake or only one time out of multiple readings) that rapidly improve with no or minimal treatment usually do not reflect disease severity or risk for deterioration. This does not imply that an initial or one-time reading cannot ever be applicable. The goal is to separate erroneous or incidental findings from those that truly represent the patient's clinical picture.

Respiratory distress

- Respiratory distress, as indicated by **ALL** of the following(1)(2)(3)(4):
 - Patient with **1 or more** of the following:
 - Dyspnea (difficulty breathing)
 - Tachypnea
 - Abnormal breathing pattern (eg, chest retractions)
 - Other evidence of difficulty breathing
 - Evidence of respiratory compromise, as indicated by **1 or more** of the following:
 - Hypoxemia
 - Altered mental status

- Other evidence of respiratory compromise (eg, respiratory acidosis)

References

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Severe pain requiring acute inpatient management

- Severe pain requiring inpatient management, as indicated by **1 or more** of the following(1)(2)(3)(4):
 - Inpatient parenteral analgesic agent treatment required,[A] as indicated by **ALL** of the following:
 - Pain insufficiently responsive to nonpharmacologic and oral pharmacologic analgesia (eg, NSAID, oral opioid)
 - Need for parenteral treatment persists despite observation care (eg, adjustments in dosage, frequency, medication, route).
 - Pain control regimen for next level of care not established, as indicated by **ALL** of the following:
 - Regimen used to achieve sufficient pain control is not readily performable at next level of care.
 - Unable to convert patient to regimen performable at next level of care despite observation care (eg, adjustments in dosage, frequency, medication, route)
 - Suspected new or deteriorating disease process as etiology (eg, new site of metastatic disease) requiring inpatient evaluation and treatment (eg, urgent radiation therapy)(7)
 - Palliative procedure planned that necessitates inpatient care for assessment and monitoring needs (eg, celiac block, stent to relieve obstruction)

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Footnotes

- A. Many validated instruments are available to quantify pain.(4)(5) A visual analog or numerical rating scale graded from 0 to 10 is often used; moderate pain correlates with a score of 4 to 6 and severe pain is 7 to 10.(4) Different scales may be more appropriate for different disease processes or patient populations.(5)(6)

Social Determinants of Health Assessment

- Risk of poor health outcomes may be increased by the presence of **1 or more** of the following social determinants of health(1)(2)(3):
 - Housing insecurity, as indicated by **1 or more** of the following:
 - Individual or caregiver's current living situation is **1 or more** of the following(4):
 - Does not have own housing (eg, staying in a hotel, shelter, or with others)
 - Has own housing (eg, house, apartment), but at risk of losing it in the future (ie, behind on rent or mortgage)
 - Has own housing (eg, house, apartment), but has lived in 3 or more places in past year
 - Current housing has **1 or more** of the following:
 - Electrical appliances (eg, stove, refrigerator) not working or unavailable

- Insufficient heating or cooling
- Insufficient ventilation
- Lead paint or pipes
- Mold
- Pests (eg, bugs) or rodents
- Smoke detectors not working or unavailable
- Food insecurity, as indicated by **1 or more** of the following(5):
 - In the past year, individual or caregiver ran out of food and did not have money to buy more food.
 - In the past year, individual or caregiver worried that they would run out of food before they received money to buy more food.
- Insufficient transportation, as indicated by **1 or more** of the following(6):
 - In the past year, individual or caregiver missed medical appointments or could not get medications due to lack of transportation.
 - In the past year, individual or caregiver missed nonmedical activities, work, or could not get things needed for daily living due to lack of transportation.
- Insufficient utilities, as indicated by **1 or more** of the following(7):
 - Utilities (eg, electricity, water, gas, or oil) are currently shut off or unavailable.
 - In the past year, electric, water, gas, or oil company threatened to shut off services.
- Personal safety risk, as indicated by **2 or more** of the following(5):
 - Individual is sometimes or frequently physically hurt by another person (including family member).
 - Individual is sometimes or frequently insulted or talked down to by another person (including family member).
 - Individual is sometimes or frequently threatened with physical harm by another person (including family member).
 - Individual is sometimes or frequently screamed or cursed at by another person (including family member).
- Insufficient dependent care, as indicated by **1 or more** of the following:
 - In the past year, individual or caregiver was unable to work due to lack of dependent care.
 - In the past year, individual or caregiver was unable to work more (additional) hours due to lack of dependent care.
 - In the past year, individual or caregiver missed medical appointments or could not get medications due to lack of dependent care.
 - In the past year, individual or caregiver missed nonmedical activities (eg, school, church, social activity) due to lack of dependent care.
- Depression risk, as indicated by **ALL** of the following(8):
 - In the past 2 weeks, individual had little interest or pleasure in normal activities on at least several days.
 - In the past 2 weeks, individual felt down, depressed, or hopeless on at least several days.

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Tachycardia

- Tachycardia,[A][B] as indicated by **1 or more** of the following:
 - Heart rate greater than 100 beats per minute in adult[A][B](1)
 - Heart rate greater than 85 beats per minute in child 13 to 17 years of age[A][C](2)
 - Heart rate greater than 95 beats per minute in child 6 to 12 years of age[A][C](2)
 - Heart rate greater than 110 beats per minute in child 1 to 5 years of age[A][C](2)
 - Heart rate greater than 120 beats per minute in infant 3 to 11 months of age[A][C](2)

- Heart rate greater than 150 beats per minute in infant 1 or 2 months of age[A][C](2)

References

1. Schrager DL. Approach to the patient with abnormal vital signs. In: Goldman L, Cooney KA, editors. Goldman-Cecil Medicine. 27th ed. Elsevier; 2024:32-35.
2. Anderson CC, Kapoor S, Mark TE. Pediatric parameters and equipment. In: Anderson CC, Kapoor S, Mark TE, editors. The Harriet Lane Handbook: A Manual for Pediatric House Officers. 23rd ed. Elsevier; 2024:i-iii.

Footnotes

- A. Criteria based upon clinician acquired numeric values (eg, vital signs, oxygen saturation) should be used if they are accurate reflections of the patient's condition. Transitory findings (eg, abnormal only upon initial emergency department intake or only one time out of multiple readings) that rapidly improve with no or minimal treatment usually do not reflect disease severity or risk for deterioration. This does not imply that an initial or one-time reading cannot ever be applicable. The goal is to separate erroneous or incidental findings from those that truly represent the patient's clinical picture.
- B. Interpretation of heart rate requires clinical judgment and consideration of several patient-specific factors, such as the patient's baseline heart rate, medications, and clinical impact. For example, an elderly patient on a beta-blocker medication with a baseline resting heart rate of 60 beats per minute may be clinically tachycardic at a heart rate of 94 beats per minute. Likewise, a patient who is upset, in pain, or nervous in the emergency department with a heart rate of 106 beats per minute may meet the technical definition of tachycardia, but this tachycardia (absent associated findings such as chest pain or hypotension) may not be clinically important. The numeric values included in this definition are provided to allow for consistency in terms of a technical definition of the term tachycardia. Whether a heart rate above or below the technical threshold is clinically meaningful is a matter of persistence, context, and clinical judgment.
- C. Interpretation of heart rate requires clinical judgment and consideration of several patient-specific factors, such as the patient's baseline heart rate, medications, and clinical impact. A patient who is upset, in pain, or nervous in the emergency department with an elevated heart rate may meet the technical definition of tachycardia, but this tachycardia (absent associated findings such as hypotension) may not be clinically important. The numeric values included in this definition are provided to allow for consistency in terms of a technical definition of the term tachycardia. Whether a heart rate above or below the technical threshold is clinically meaningful is a matter of persistence, context, and clinical judgment.

Tachycardia absent

- Tachycardia[A][B] absent, as indicated by **1 or more** of the following:
 - Heart rate less than or equal to 100 beats per minute in adult[A][B](1)
 - Heart rate less than or equal to 85 beats per minute in child 13 to 17 years of age[A][B](2)
 - Heart rate less than or equal to 95 beats per minute in child 6 to 12 years of age[A][B](2)
 - Heart rate less than or equal to 110 beats per minute in child 1 to 5 years of age[A][B](2)
 - Heart rate less than or equal to 120 beats per minute in infant 3 to 11 months of age[A][B](2)
 - Heart rate less than or equal to 150 beats per minute in infant 1 or 2 months of age[A][B](2)

References

1. Schrager DL. Approach to the patient with abnormal vital signs. In: Goldman L, Cooney KA, editors. Goldman-Cecil Medicine. 27th ed. Elsevier; 2024:32-35.
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- B. Interpretation of heart rate requires clinical judgment and consideration of several patient-specific factors, such as the patient's baseline heart rate, medications, and clinical impact. For example, an elderly patient on a beta-blocker medication with a baseline resting heart rate of 60 beats per minute may be clinically tachycardic at a heart rate of 94 beats per minute. Likewise, a patient who is upset, in pain, or nervous in the emergency department with a heart rate of 106 beats per minute may meet the technical definition of tachycardia, but this tachycardia (absent associated findings such as chest pain or hypotension) may not be clinically important. The numeric values included in this definition are provided to allow for consistency in terms of a technical definition of the term tachycardia. Whether a heart rate above or below the technical threshold is clinically meaningful is a matter of persistence, context, and clinical judgment.

Tachypnea

- Tachypnea^{[A][B]} as indicated by **1 or more** of the following:
 - Respiratory rate greater than 20 breaths per minute in adult^{[A][B]}(1)
 - Respiratory rate greater than 18 breaths per minute in child 13 to 17 years of age^{[A][B]}(2)
 - Respiratory rate greater than 22 breaths per minute in child 6 to 12 years of age^{[A][B]}(2)
 - Respiratory rate greater than 25 breaths per minute in child 3 to 5 years of age^{[A][B]}(2)
 - Respiratory rate greater than 30 breaths per minute in child 1 or 2 years of age^{[A][B]}(2)
 - Respiratory rate greater than 40 breaths per minute in infant 6 to 11 months of age^{[A][B]}(2)
 - Respiratory rate greater than 45 breaths per minute in infant 3 to 5 months of age^{[A][B]}(2)
 - Respiratory rate greater than 55 breaths per minute in infant 1 or 2 months of age^{[A][B]}(2)

References

1. Schrager DL. Approach to the patient with abnormal vital signs. In: Goldman L, Cooney KA, editors. Goldman-Cecil Medicine. 27th ed. Elsevier; 2024:32-35.
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Footnotes

- A. Criteria based upon clinician acquired numeric values (eg, vital signs, oxygen saturation) should be used if they are accurate reflections of the patient's condition. Transitory findings (eg, abnormal only upon initial emergency department intake or only one time out of multiple readings) that rapidly improve with no or minimal treatment usually do not reflect disease severity or risk for deterioration. This does not imply that an initial or one-time reading cannot ever be applicable. The goal is to separate erroneous or incidental findings from those that truly represent the patient's clinical picture.
- B. Interpretation of respiratory rate requires clinical judgment and consideration of several patient-specific factors, such as the patient's baseline respiratory rate and whether the respiratory rate is indicative of significant underlying respiratory or other pathology. A mildly increased respiratory rate (eg, 20 to 22 breaths per minute in an adult), absent other indications of serious illness (eg, hypoxemia, metabolic acidosis, decreased tidal volume, pain), may be transitory and not clinically important. The numeric values included in this definition are provided to allow for consistency in terms of a technical definition of the term tachypnea. Whether a respiratory rate above the technical threshold is clinically meaningful is a matter of persistence, context, and clinical judgment. In addition, the measurement of the respiratory rate is subject to error. A medical textbook states that because there can be significant breath-to-breath variation in respiratory rate, the rate should be assessed for at least 30 seconds, preferably for a full minute.⁽¹⁾ This same textbook also states that new technologies designed to measure the respiratory rate have not proved to be clinically useful.⁽¹⁾

Tachypnea absent

- Tachypnea^{[A][B]} absent, as indicated by **1 or more** of the following:
 - Respiratory rate less than or equal to 20 breaths per minute in adult^{[A][B]}(1)
 - Respiratory rate less than or equal to 18 breaths per minute in child 13 to 17 years of age^{[A][B]}(2)
 - Respiratory rate less than or equal to 22 breaths per minute in child 6 to 12 years of age^{[A][B]}(2)
 - Respiratory rate less than or equal to 25 breaths per minute in child 3 to 5 years of age^{[A][B]}(2)
 - Respiratory rate less than or equal to 30 breaths per minute in child 1 or 2 years of age^{[A][B]}(2)
 - Respiratory rate less than or equal to 40 breaths per minute in infant 6 to 11 months of age^{[A][B]}(2)
 - Respiratory rate less than or equal to 45 breaths per minute in infant 3 to 5 months of age^{[A][B]}(2)
 - Respiratory rate less than or equal to 55 breaths per minute in infant 1 or 2 months of age^{[A][B]}(2)

References

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Codes

ICD-10 Diagnosis: A90, A91, A92.0, A92.1, A92.30, A92.39, A92.5, A92.8, A92.9, A93.0, A93.1, A93.2, A93.8, A94, A95.0, A95.1, A95.9, A96.0, A96.1, A96.2, A96.8, A96.9, A98.0, A98.1, A98.2, A98.3, A98.4, A98.5, A98.8, A99, B01.2, B01.89, B01.9, B03, B04, B05.2, B05.89, B05.9, B06.81, B06.89, B06.9, B08.20, B08.21, B08.22, B08.3, B08.4, B08.60, B08.62, B08.69, B08.70, B08.71, B08.72, B08.79, B10.81, B10.82, B10.89, B25.0, B25.8, B25.9, B26.89, B26.9, B27.00, B27.09, B27.10, B27.19, B27.80, B27.89, B27.90, B27.99, B33.1, B33.3, B33.4, B34.0, B34.1, B34.2, B34.3, B34.4, B34.8, B34.9, B97.0, B97.10, B97.11, B97.12, B97.19, B97.21, B97.29, B97.30, B97.31, B97.32, B97.33, B97.34, B97.35, B97.39, B97.4, B97.5, B97.6, B97.7, B97.81, B97.89, J00, J06.9, J09.X1, J09.X2, J09.X9, J10.00, J10.01, J10.08, J10.1, J10.89, J11.00, J11.08, J11.1, J11.89, J12.0, J12.1, J12.2, J12.3, J12.81, J12.89, J12.9, J20.3, J20.4, J20.5, J20.6, J20.7, J20.8, J20.9, J21.0, J21.1, J21.8, J21.9 [Hide]

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